RECIPECARD

Saturday, December 12th 2020 @ 11am

INGREDIENTS

4 200g Turkey breast steaks skin on
50g Cornflour
1 tbsp Sunflower oil
50g Cranberries fresh or frozen
100g Cranberry jelly
50mls Orange juice
1 tbsp Thyme fresh, chopped
1 tbsp Chives or Parsley fresh, chopped

METHOD

Dust the turkey steaks in the cornflour.

Heat the oil in a large non-stick frying pan, until hot. Add the turkey and fry for 3-4 minutes, turning once until golden on both sides.

Transfer to a roasting dish and hold in a warmed oven at 160C.

In a saucepan add the cranberries, jelly, juice and bring to the boil. Reduce until thickened.

Plate the turkey and drizzle over the cranberry sauce. Sprinkle over the chopped chives or parsley.

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SERVING SUGGESTIONS

Serve with seasonal vegetables such as cauliflower gratin and roasted sprouts.

Episode

The Christmas
Series

TURKEY





BEN BARTLETT
BBQ BEN





